



**Lively District Secondary School
Intermediate Student Handbook
2025-2026**

Principal: V. Zymantas zymantv@rainbowschools.ca

Vice Principal: J. Jouppi jouppij@rainbowschools.ca

Visit our school website: <https://lively.rainbowschools.ca/>

Follow us on Facebook: <https://www.facebook.com/LDSSOfficial/>

Welcome to Lively District Secondary School!

It is with great pleasure that we welcome both new and returning students to Lively District Secondary School's Intermediate Program. A special welcome is extended to those joining us for the first time. To our returning students, we wish you continued success in achieving your academic and personal goals. We encourage everyone to become involved and participate fully in all aspects of student life at LDSS—proudly known as the “Home of the Hawks.”

Becoming the person you aspire to be is a lifelong journey, built one step at a time. Every choice you make helps shape your character. With the guidance of your parents, teachers, and friends, we hope your choices will make this journey both rewarding and enjoyable.

In addition to a strong academic foundation, LDSS offers a wide range of activities, clubs, and sports to help students in grades 7 through 12 grow into well-rounded, confident, and capable young people. The choices are yours to make, and it is our role to support you. The guidelines in this handbook are designed to help ensure an environment that is safe, welcoming, and productive—an atmosphere that fosters good work, positive relationships, and lasting memories.

We are very proud of our students' accomplishments and look forward to celebrating them throughout the year. To showcase these achievements, we invite you to visit our official school Facebook page: [LDSS Facebook Page](#). We also kindly ask that you complete and return the Rainbow District School Board “Consent Form” on School Cash Online for publicity and promotional opportunities, so we can highlight your child's success.

We are excited about the year ahead. Remember, your number one priority is your own learning. As a staff, we are committed to empowering you with the knowledge, skills, and opportunities needed to achieve success.

Once again, welcome to the Home of the Hawks!

2025-2026
Lively D.S.S.
IMPORTANT DATES



FIRST DAY OF SCHOOL: Tuesday, September 3, 2024

	SEMESTER ONE	SEMESTER TWO
BOARD PA DAYS	September 2 September 26 October 20 November 28	January 30 February 27 June 5
BOARD HOLIDAYS	September 1 October 13 Dec. 22 - Jan. 2	Feb. 16 March 16 - 20 April 3, 6 May 18
PICTURE DAY PICTURE RETAKES GRADUATION PHOTOS	September 19 November 3	February 11
OPEN HOUSE	November 26	
REPORT CARDS	October 29	February 19 June 26 (last day of school)
PARENT/TEACHER NIGHT	October 30	February to (20 - 25 by request)
LDSS GRADUATIONS		GR. 12 - JUNE 11 GR. 8 - JUNE 24

***** Dates are subject to change**

Lively Intermediate School

The Intermediate wing is located in the south wing of the second floor. It is a separate and distinct school from the Secondary area. Intermediate students will have staff supervised access to the gyms and the music room. Intermediate students should not be accessing the Secondary area without teacher supervision.

Intermediate Staff

BEGIN, JORDAN	GRADE 7 TEACHER (ENGLISH)	beginj@rainbowschools.ca
BOIS, CHANTAL	GR.7/ 8 FRENCH IMMERSION	boisc@rainbowschools.ca
BRUNT, RACHEL	GR. 8 TEACHER (ENGLISH)	bruntr@rainbowschools.ca
GUILLET, CRYSTAL	SPECIAL EDUCATION RESOURCE	guillec@rainbowschools.ca
HOPKINS, JEN	SPECIAL EDUCATION, GR. 8 FI	hopkinj@rainbowschools.ca
MACK, ED	EDUCATIONAL ASSISTANT	macke@rainbowschools.ca
SAUVE, ISABELLA	GR. 7/ 8 CORE FRENCH, 7FI	sauvei@rainbowschools.ca
SHEEHAN, STEVE	GR. 7 (ENGLISH), STUDENT SUCCESS	sheehas@rainbowschools.ca
ROSS, CORY	GR. 7 (ENGLISH), MUSIC	rossc@rainbowschools.ca
SMITH, TED	GR. 8 TEACHER (ENGLISH)	smitht@rainbowschools.ca

Balanced Day

Lively operates under a Balanced Day schedule for grade 7 and 8 students. The Balanced Day has three blocks of instruction broken up with two nutritional & activity breaks. The goal of a Balanced Day is to maximize classroom learning time and allow students more time to focus on learning tasks.

ENTRY	8:15
INSTRUCTIONAL BLOCK #1	8:15 - 10:15
NUTRITION BREAK	10:15 - 10:50
INSTRUCTIONAL BLOCK #2	10:50 - 12:20
NUTRITION BREAK	12:20 - 1:00
INSTRUCTIONAL BLOCK #3	1:00 - 2:30
DISMISSAL	2:30

Intermediate Program Safe Arrival Policy

Lively District Elementary School is committed to the safety of our pupils.

Our Safe Arrival program is a system of procedures that are performed together with daily attendance to account for any student's unexplained failure to arrive at school.

Parents and guardians are responsible for calling, or emailing the school to report student absences or lateness by 8:15 a.m. before the beginning of class. An answering machine is available to take your calls 24 hours a day. The safe arrival program will follow-up on any unexplained absences.

Main office phone: (705) 692-3671

Email attendance: lively_attend@rainbowschools.ca

Parents and guardians are responsible for providing the school with complete and current emergency information to enable the school to make any necessary follow-up contacts with the above information.

If you are late dropping your elementary aged child at school, the student is asked to sign in at the office with a note.

If you are picking up your child during the school day, please call the office and we will have your child meet you at the main office.

Visitors to the School

At Lively District Elementary School, we are striving to preserve instructional time and keep our school safe and orderly.

To ensure the safety of our students, everyone, including parents who visit the school, must sign in at the office. Visitor tags are also required. If you are a parent guardian who is picking up a child for any reason, bringing required materials for your child, attending a meeting or volunteering in a classroom, you **MUST** check in at the office. Office personnel will contact the appropriate people for you. Your cooperation in this area will assist us in providing uninterrupted classroom routines and will help us to secure our school and ensure everyone's safety. Parents or guardians who would like to visit classrooms for any reason are asked to make arrangements with the classroom teacher prior to the visit.

End of day Dismissal

Dismissal is at 2:30 p.m.

In keeping with our Safe Schools policy, we ask that you adhere to the following procedure for picking up your children at dismissal time:

Contact the main office prior to, or in the morning of, notifying us that you or a designated person will be picking up your child at dismissal time. Calling late in the day does not guarantee that your child or the teacher will be notified in time. After the 2:30 p.m. bell, your child will be waiting at the student pick up area located outside at the front of the school or in the intermediate wing in the case of inclement weather. We encourage students and parents to avoid walking between buses to cross the street.

You can arrange to meet your child at the main office. Please do not meet your child in the halls or classrooms.

Going Home For Lunch

In order to promote consistency, students who live within walking distance of the school may arrange to go home for lunch during the 2nd nutritional break (12:20 – 1:00). Students who wish to go home for lunch are required to have a parent/guardian provide permission in writing to the main office, with an outline of their schedule for going home. Students who plan to go home for lunch should follow a consistent schedule each day/week. Should there be a change in routine plans, students will need to sign out at the main office.

School Yard Supervision

Supervision begins at 8:00 each morning. There is no supervision provided for students prior to that time. As a result, parents and guardians are asked not to drop students off or allow them to arrive at school before 8:00 am.

Staying In At Recess

Students who are too ill to go out at recess should not be at school. Please do not send notes for your child to stay in at recess, as students cannot stay in the classroom without supervision. Exceptions will be made upon the presentation of a doctor's note stating the reason for exclusion from outdoor recess.

Transportation Policy

Parents/Guardians are advised to contact the Sudbury Student Services Consortium (705-521-1234) to arrange transportation for first time students and for any subsequent permanent changes.

Should bussing be canceled due to inclement weather, schools will remain open, but parents are responsible for providing transportation to and from the school. Parents will be notified through the media after 6:30 a.m. if the buses are canceled or if the schools are open.

If your child walks to school, please remember to call the school to advise of your child's absence if buses are canceled and they choose to stay home.

You may also check www.businfo.ca for up-to-the minute information.

Bus Safety & Expectations

When Riding the Bus, Remember To:

- Follow the instructions of the driver
- Keep hands, arms, head, etc., inside the bus at all times
- Refrain from creating a disturbance
- Use appropriate language
- Hold books, backpacks, etc., on your lap
- Ensure that you do not disturb the driver
- Leave the windows alone unless authorized by the driver to open/close them

KEEP SAFETY IN MIND AT ALL TIMES!

Riding the bus is a privilege not a right, so please respect the bus rules.

Anaphylaxis Allergies

We have students at Lively who have life-threatening allergies to: **peanuts and nut products** of all types. We ask that you keep our students safe by not sending food with peanuts/nuts or “may have come in contact with nuts” warning on the labels. Students who come to school with any of these products may be asked to eat in a separate room. We ask for your help and cooperation. Thank you for helping to keep our students safe.

Administering Medication

Students who are required to take medication at school will need parents/guardians to fill out forms (available at the office). These forms need to be signed by parents/guardians and the doctor. Staff designated by the principal will administer medication.

Student Dress Policy

Students are expected to present themselves appropriately for a place of learning. They are also expected to learn about and follow the appearance and dress standards suitable for in the workplace. The following are examples of acceptable attire in school:

- tops must be opaque (not see through) with straps. Shoulders and arms may be exposed
- underwear and swimwear may not be worn as outerwear
- bottoms must be opaque and cover the buttocks

Dress cannot promote or symbolize:

- hate or discrimination
- violence
- nudity or pornographic images or sentiments
- profanity
- drugs & alcohol
- illegal activity

Please remember to wear shoes to protect your feet.

Note: Additional health and safety dress expectations may apply in technology based classrooms.

Certain accessories may not be approved at the discretion of the school staff. Students will be advised of any attire deemed by the administration of the school to be inappropriate and given the opportunity to contact home for a change of clothes.

Lively Intermediate Discipline Policy

From time to time, a student's behaviour will need to be addressed in order to preserve the learning environment of the other students in the class or to protect the safety of all students while at school. Like all schools in the Rainbow District School Board, we must follow the Board's Code of Conduct, which is available at [RDSB Code of Conduct](#). Most behaviours are dealt with by classroom teachers as they arise in the classroom or while out at recess. However, if the behaviour is extreme or repeated despite teacher intervention, it may be necessary for the administration to intervene.

Depending on the severity of the case, disciplinary action can include:

- Verbal warnings
- Loss of recess
- Placement in an Alternative Study Area within the school
- Therapeutic Withdrawals (sent home but not formally suspended)
- Suspensions

Depending on the severity of the behaviour a phone call will be made to the parent/guardian to explain the incident and the consequence.

Maintaining frequent and open communication with your child's teacher will allow you to support your child's academic growth and address any behaviour concerns that you and your child's teacher may share.

SMOKING, VAPING, NICOTINE POUCHES

Students are not permitted to:

- engage in smoking or vaping
- consume nicotine pouches
- be in possession of products or vaping devices

The Province of Ontario has deemed it unlawful to smoke/vape anywhere at any time on school or public property. Violations can result in a fine in excess of \$300 by a tobacco law enforcement officer.

Home Communication

Email communication is encouraged between home and school regarding homework, upcoming events, tests, etc. Please call the office if there has been a change to current contact information.

Homework Responsibilities

Students:

- Record homework in their Google Calendar/planner
- Ask for clarification if necessary
- Remember to take necessary materials home
- Share planner notes with parents
- Complete assigned homework
- Return materials to school the following day

Teachers

- Assign purposeful homework
- Post homework daily
- Provide time for students to record in their calendar/planner
- Review that students understand the nature of the assigned work
- Check homework completion daily
- Provide student with adequate time to gather required materials
- Inform parents of incomplete homework
- Monitor the homework assigned

Parents

- Provide a quiet place and materials for their child to complete their homework
- Provide assistance and encouragement when required
- Monitor the amount of homework, discuss homework and reading assignments with their child

Electronic Devices

The Internet and electronic devices have changed our world. As the technology has expanded, so have the implications related to student learning, safety and privacy. We remind students and parents/guardians that cell phones, digital cameras, personal digital and other electronic devices can be disruptive and must not be activated in class without permission of school staff. They must not be used in a manner that violates the privacy or dignity of others. This includes the use of cell phones with cameras, and similar devices, in washrooms, change-rooms and any other areas where privacy prevails, taking photographs of a person being photographed, and posting photographs on the Internet and/or electronically transmitting photographs of a person or persons without permission. Using the Internet and electronic devices with care will protect the safety and privacy of students.

Classroom phones are available at any time for emergencies. Cell phones are not to be on within the classroom during class time. Cell phones are to be kept in the students locker during the school day. Students are asked to have their parents reach them during class time through the main office 705-692-3671.

Extracurricular Activities

In Grade 7&8, seasons generally run as follows, depending upon student interest and participation:

Fall (September Start)	Winter (January Start)	Spring (April/May/June)
<ul style="list-style-type: none">• Soccer• XC Running• Volleyball• Ultimate Frisbee	<ul style="list-style-type: none">• Basketball• Hockey• XCountry Skiing	<ul style="list-style-type: none">• Softball• Track & Field• Flag Football

At Lively District Secondary School, we recognize the valuable role extracurricular opportunities—such as athletics, clubs, and optional excursions—play in supporting students’ personal growth, teamwork, and school spirit.

1. Academic Standing & Behaviour – To participate, students must:

- Show respect for peers, staff, and the community.
- Take responsibility for completing schoolwork and honoring commitments.
- Consistently follow the school and board Code of Conduct.
- Make up any work missed due to activities.
- Maintain good academic standing by keeping up with assignments and classwork.

2. Team Commitment

- Attendance and participation at practices are essential. Players who miss practices may not be eligible to participate in upcoming games or tournaments. If a player needs to miss any team event (practice or meeting), they must inform their coach directly and provide as much advance notice as possible.

We appreciate your support in reinforcing these expectations at home. If you have any questions, please contact us at 705-692-3671

Follow us on Facebook:

facebook.com/LDSSOfficial/

E-mail Address

Please notify the office with a contact e-mail address to receive notices electronically



Lively District Secondary School

265 Fifth Avenue, Lively, Ontario P3Y 1M4 | Tel: 705.692.3671 | Fax: 705.692.9510

Victoria Zymantas, BA Coed. SED
Principal

Jake Jouppi, BA (Hons), SED
Vice-Principal

Parents/Guardians of Lively Gr. 7&8 Students,

For reference, please find a list of items contained in this Student Handbook:

- Important Dates
- Intermediate Staff
- Balanced Day
- Safe Arrival Policy
- Visitors to the School
- End of Day Dismissal
- Going Home for Lunch
- School Yard Supervision
- Staying In At Recess
- Transportation Policy
- Bus Safety and Expectations
- Anaphylaxis Allergies
- Administering Medication
- Student Dress Policy
- Discipline Policy
- Home Communication
- Homework Responsibilities
- Electronic Devices
- Extracurricular Activities

Please complete the section below to acknowledge that you have read and are aware of the policies contained in this handbook.

Please remove this completed page, and return it to the school at your earliest convenience.

Student Name (Print): _____

Student Signature: _____ Date: _____

Parent Name (Print): _____

Parent Signature: _____ Date: _____